



North Carolina Wing Weekly Safety Blast



2018 - Topic #24 – Pedestrian, Bicyclist, and Driver Safety

Reason for this Blast:

Each year, 65,000 pedestrians and 48,000 bicyclists are injured in roadway crashes annually. June is National Safety Month, and here are a few tips to help keep you safe on the roadways.



Safety Tips:

- When you are walking:
 - ✓ **Be predictable!** Follow the rules of the road and obey signs and signals — **No jaywalking!**
 - ✓ **No sidewalk?** Walk facing the traffic and as far from the traffic as possible.
 - ✓ **Keep alert at all times! Do not be distracted by electronic devices.**
 - ✓ **Cross the street at the crosswalk or intersection at all times.**
 - ✓ **No crosswalk or intersection?** Locate a well-lit area where you have the best view of traffic.
 - ✓ **Never assume the driver sees you.** Make eye contact with drivers as they approach.
 - ✓ **Be visible at all times!** When walking or running.
 - ✓ **In hard-to-see conditions,** use extra caution when walking at night or in bad weather.
- When you are bicycling:
 - ✓ **Always ride with traffic!** Follow rules of the road.
 - ✓ **Obey traffic signs, signals, and lane markings** and yield to traffic when appropriate, including other pedestrians.
 - ✓ **Do not ride on the sidewalk!** Although you might think it is a safer option, motorists are simply not looking for bicyclists on the sidewalk.
 - ✓ **Be predictable and visible!**
 - ✓ **Cycling at night.** Use headlights, taillights, reflectors and wear reflective clothing for more visibility.
 - ✓ **Watch for turning traffic** and use precaution.
- When you are driving:
 - ✓ **No Texting!** (Executive Order 13513)
 - ✓ **Safety is shared responsibility!** Look out for pedestrians everywhere, at all times.
 - ✓ **In hard-to-see conditions,** use extra caution when driving at night or in bad weather.
 - ✓ **Always wear your seatbelt!** (Executive Order 13043)
 - ✓ **Slow down or yield** to pedestrians when turning or entering a crosswalk.
 - ✓ **Be careful** when passing stopped vehicles.
 - ✓ **Obey posted speed limit!**
 - ✓ **Yield to the presence of children** in school zones.

MAIN DISCUSSION POINT OF THIS SAFETY BLAST

Being out and about this summer means enjoying ourselves. Keep aware of your surroundings and while enjoying your walk, bike ride or drive, be safe about it. Don't get complacent!